

Lake County Mental Health Advisory Board

Regular Meeting - Thursday, June 9, 2022 3:00pm – 5:00pm

Location: Peer Centers at the following locations will be available for “in person” participation:

Big Oak Peer Center, 13300 E. Hwy 20, Suite O, Clearlake Oaks

The Harbor on Main, 150 S. Main Street, Lakeport

La Voz de la Esperanza Centro Latino, 14092 Lakeshore Drive, Clearlake

Circle of Native Minds, 525 N. Main St, Lakeport

Zoom Meeting:

<https://us02web.zoom.us/j/82138141109?pwd=UWJwQklzT1ZZYmxiYisxMININ3ZWQT09>

Meeting ID: 821 3814 1109 **Passcode:** LCMHAB

Board meetings are open to the public and may be recorded for internal use only (secretarial minutes).

Our Main Purpose: “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.”

Meeting Conduct Agreements

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
 - Speak to the question or issue under discussion, and to the group, not to an individual
 - One person speaks at a time – avoid side bars and chatting or messaging during meetings
 - Keep comments short if possible – avoid monopolizing the discussion or making a speech
 - State what you think, not what others think
 - Allow the facilitator to 'direct speaking traffic'
 - Leave outside concerns outside – Silence cell phones, Limit background noise when possible
- Person-First Language -
 - A person with a mental illness, not the “mentally ill”
 - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

Board Members

- Julie Colfax, Chair
- Camille Cummins, Vice Chair
- Trish Turner
- Chelsea Newton
- Sheila Roseneau
- Michelle Young
- Bonnie Blumenthal

Lake County Behavioral Health

- Todd Metcalf, LCBHS Director

Board of Supervisors

- Tina Scott
-

Stakeholders

- Betsy Cawn, Acting Board Secretary
- Janet Taylor
- Frank & Willyum Smithwaters
-

Lake County Mental Health Advisory Board

Regular Meeting - Thursday, June 9, 2022 3:00pm – 5:00pm

AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Adopt Agenda -
 - a. Consider input on changes to agenda
 - b. *Adopt Agenda for June 9, 2022 Meeting - **Action Item**
4. Approve Minutes -
 - a. Consider input on changes to Minutes from May 12, 2022 regular meeting
 - b. *Approve Minutes from May 12, 2022 regular meeting - **Action Item**
5. Lake County Behavioral Health Directors Report
 - a. Collier Avenue Project presentation, Ryan LaRue
 - b. Request for new Supervisor to be assigned to LCMHAB
 - c. Plan for stakeholder involvement in the implementation plan for DMC-ODS
6. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)
7. New Policy, Procedure, and Templates
 - a. Proposal to move regular meeting start time for the LCMHAB to 4pm to better accommodate multiple schedules
 - b. Chair will not be available for the July meeting, Vice Chair, Camille will run the meeting
8. AD HOC / Workgroup, Reports and Proposals
 - a. Report from Management and Data Collection work group – No update at this time
 - i. Propose changing from a workgroup to a standing committee discussion
 - b. Data notebook – Workgroup – Received the 2021-2022 request – update to existing workgroup
 - c. Proposals for new workgroups - Bylaws revision workgroup
9. Reminders/Follow-up

Lake County Mental Health Advisory Board

Regular Meeting - Thursday, June 9, 2022 3:00pm – 5:00pm

- a. CALBHBC Board Member Training (optional) - <https://www.calbhbc.org/training.html>

10. Announcements & Upcoming Public Meetings

- a. Board Member Announcements

- b. Upcoming LCMHAB Activities

- i. Saturday, June 11, 10am-11:30pm – Planning meeting for 2022 Data Notebook workgroup -

<https://us02web.zoom.us/j/88309150410?pwd=WDlpQTFPRUduMEE1SF1rVU1JMkg5Zz09> Meeting ID: 883 0915 0410 Passcode: LCMHAB

- ii. Saturday, June 11, 12pm-1:30pm – Planning meeting for Bylaws revision workgroup -

<https://us02web.zoom.us/j/82002881620?pwd=T2FDUGVvUGFyQj1XUVhZUnk1R1h0Zz09> Meeting ID: 820 0288 1620 Passcode: LCMHAB

- iii. Saturday, June 25, 10am-12 noon, meeting of the LCMHAB Management workgroup -

<https://us02web.zoom.us/j/86816099858?pwd=STg4UTJ5Vk5TM1A3VGVwbnhPMDVkdz09> Meeting ID: 868 1609 9858 Passcode: LCMHAB

- iv. Thursday, July 14, 3pm (4pm?) - regular meeting of the LCMHAB

- c. Links for Upcoming Community Activities of interest to members

- i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>

- ii. CBHPC (BH Planning Council)

https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx

- iii. MHSOAC (MH Services & Accountability Commission)

<https://mhsoac.ca.gov/connect/commission-meetings/>

11. Adjournment

- a. Next LCMHAB Regular Meeting – July 14, 2022, 3pm (or 4pm TBD)

Lake County Mental Health Advisory Board

Regular Meeting - Thursday, June 9, 2022 3:00pm – 5:00pm

*Additional documentation provided or to be presented (in Agenda package or at the meeting)