

# Lake County Mental Health Advisory Board

Regular Meeting - Thursday, August 11, 2022 4:00pm – 5:00pm

**Location:** Peer Centers at the following locations will be available for “in person” participation:

Big Oak Peer Center, 13300 E. Hwy 20, Suite O, Clearlake Oaks

The Harbor on Main, 150 S. Main Street, Lakeport

La Voz de la Esperanza Centro Latino, 14092 Lakeshore Drive, Clearlake

Circle of Native Minds, 525 N. Main St, Lakeport

## Zoom Meeting:

<https://us02web.zoom.us/j/82138141109?pwd=UWJwQklzT1ZZYmxiYisxMININ3ZWQT09>

**Meeting ID:** 821 3814 1109 **Passcode:** LCMHAB

Board meetings are open to the public and may be recorded for internal use only (secretarial minutes).

**Our Main Purpose:** “Review and evaluate the community’s public mental health needs, services, facilities, and special problems in any facility within the county or jurisdiction where mental health evaluations or services are being provided, including, but not limited to, schools, emergency departments, and psychiatric facilities.”

## Meeting Conduct Agreements

- Show up, be on time, be prepared
- Practice active Listening – Listen respectfully and appreciatively, Ask questions to clarify understanding, Rephrase what you heard to confirm understanding
- Focus on Issues –
  - Speak to the question or issue under discussion, and to the group, not to an individual
  - One person speaks at a time – avoid side bars and chatting or messaging during meetings
  - Keep comments short if possible – avoid monopolizing the discussion or making a speech
  - State what you think, not what others think
  - Allow the facilitator to 'direct speaking traffic'
  - Leave outside concerns outside – Silence cell phones, Limit background noise when possible
- Person-First Language -
  - A person with a mental illness, not the “mentally ill”
  - A person living with an addiction, not an “addict”
- Use respectful language - avoid profanity and personal attacks or criticism (of self or others)
- Be open-minded and objective: be informed by your expertise - decide based on evidence
- Limit use of Acronyms – “When in doubt, spell it out.”

## Board Members

- Julie Colfax, Chair
- Camille Cummins, Vice Chair
- Trish Turner
- Chelsea Newton
- Sheila Roseneau
- Michelle Young
- Bonnie Blumenthal

Todd Metcalf, LCBHS Director

## Board of Supervisors

- Tina Scott
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## Stakeholders

- Betsy Cawn, Acting Board Secretary
- Janet Taylor
- Frank & Willyum Smithwaters
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## Lake County Behavioral Health

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## AGENDA

1. Call to Order & Establish Quorum
2. Roll Call & Introductions
3. Adopt Agenda -
  - a. Consider input on changes to agenda
  - b. \*Adopt Agenda for August 11, 2022 Meeting - **Action Item**
4. Approve Minutes -
  - a. Consider input on changes to Minutes from May 12, 2022 regular meeting
  - b. \*Approve Minutes from June 9, 2022 regular meeting - **Action Item**
  - c. Receive secretary's report from July 14, 2022 meeting
5. Lake County Behavioral Health Directors Report
  - a. Board involvement in RFP process
  - b. Request for new Supervisor to be assigned to LCMHAB
6. Public Comment on non-agenda items (board members will not participate in any official discussion of items presented at this time)
7. New Policy, Procedure, and Templates
  - a. No update at this time
8. AD HOC / Workgroup, Reports and Proposals
  - a. Report from Management and Data Collection work group – No update at this time
    - i. In process of changing from a workgroup to a standing committee
  - b. Data notebook workgroup – Planning meeting - **No one attended in June or July - Please sign up today**
  - c. Board By-Laws workgroup – Planning meeting - TBD - **No one attended in June or July – Please sign up today**
  - d. Annual Report workgroup proposal
9. Reminders/Follow-up

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- a. CALBHBC Board Member Training (optional) - <https://www.calbhbc.org/training.html>

## 10. Announcements & Upcoming Public Meetings

### a. Board Member Announcements

- i. Request from Chair to members to re-evaluate time commitments and the needs of the board to fulfill its legal responsibilities, specifically regarding attendance and involvement on other committees.
- ii. Hope, Music, Life Event proposal – Spring 2023

### b. Upcoming LCMHAB Activities

- i. Planning meeting for 2022 Data Notebook workgroup – TBD
- ii. Planning meeting for Bylaws revision workgroup – TBD
- iii. Planning meeting for Annual Report workgroup - TBD
- iv. Saturday, August 27, 10am-12 noon, meeting of the LCMHAB Executive Committee -

<https://us02web.zoom.us/j/86816099858?pwd=STg4UTJ5Vk5TMlA3VGVwbnhPMDVDdz09>

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- v. Thursday, September 8, 4pm - regular meeting of the LCMHAB

### c. Links for Upcoming Community Activities of interest to members

- i. CALBHB/C (Association of Local BH Boards) <https://www.calbhbc.org/>
  - 1. August 20<sup>th</sup> – Chair attending in person
- ii. CBHPC (BH Planning Council)  
[https://www.dhcs.ca.gov/services/MH/Pages/CBHPC\\_QuarterlyMeetings.aspx](https://www.dhcs.ca.gov/services/MH/Pages/CBHPC_QuarterlyMeetings.aspx)
- iii. MHSOAC (MH Services & Accountability Commission)  
<https://mhsoac.ca.gov/connect/commission-meetings/>

## 11. Adjournment

- a. Next LCMHAB Regular Meeting – September 8, 2022, 4pm

\*Additional documentation provided or to be presented (in Agenda package or at the meeting)