COVID-19 Quarantine and Isolation Table
August 23, 2022

Table 1: Exclusion Requirements for All Employees Who Test Positive for COVID-19 Employees Must Be Excluded For Work - Isolation	
Requirements apply to all employees, regardless of vaccination status, previous infection, or lack of symptoms.	**Recommended Actions:** • Employees must be excluded from work for 5 days after start of symptoms or after date of first positive test if no symptoms. • Isolation can end and employees may return to the work after day 5 if symptoms are not present or are resolving, and they test negative on day 5 or later. • If an employee test positive on day 5 or later isolation can end and the employee may return to the workplace after day 10 if they are fever-free for 24 hours without the use of fever-reducing medications. • If an employee has a fever, isolation must continue and the employee may not return to work until 24 hours after the fever resolves without the use of fever-reducing medications. • Employees must wear face coverings around others for a total of 10 days.
Table 2 Employees Not Working In High Risk Settings, Who Are Exposed to Someone with COVID-19, and Do Not Have COVID-19 Symptoms - No Quarantine Required	
For employees who do not have COVID-19 **symptoms.** Applies to all employees, regardless of vaccination status. High risk setting include: • Emergency Shelters • Cooling and Heating Centers • Long Term Care Settings • Adult and Senior Care Facilities • Local Correctional Facilities and Detention Centers • Healthcare Settings	**Recommended Actions:** • Employees must wear face coverings around others for a total of 10 days after exposure. • Exposed employees must test within three to five days after their last close contact. • Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop. • If an exposed employee develops symptoms, they must be excluded pending the results of a test. • If an exposed employee tests positive for COVID-19, they must follow the isolation requirements above in Table 1.

Table 3 Employees Not Working in High Risk Settings, Who Are Exposed to Someone with COVID-19, and Have COVID-19 Symptoms - Employees Must Be Excluded From Work - Isolation	
All employees who have symptoms, regardless of vaccination status. Employees infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop. High risk setting include: • Emergency Shelters • Cooling and Heating Centers • Long Term Care Settings • Adult and Senior Care Facilities • Local Correctional Facilities and Detention Centers • Healthcare Settings	**Recommended Actions:** • Employees must be excluded from work and test as soon as possible. Exclusion must continue until test results are obtained. • If the employee is unable to test or choosing not to test, exclusion must continue for 10 days. • If the employee tests negative and returns to work earlier than 10 days after the close contact, employee must wear a face covering for 10 days following the close contact. • CDPH recommends continuing exclusion and retesting in 1-2 days if testing negative with an antigen test, particularly if tested during the first 1-2 days of symptoms. • For symptomatic employees who have tested positive within the previous 90 days, using an antigen test is preferred.
Table 4 - Employees Who Are Exposed to Someone with COVID-19 That Work In High Risk Settings - Employees Must be Excluded Form Work and Quarantine	
Employees who work in the High Risk Setting and they are: • Unvaccinated; OR • Incompletely vaccinated; OR • Have completed the primary series of COVID-19 vaccines, and are booster eligible but have not yet received their booster dose and • Not infected with COVID-19 within the prior 90 days. High risk setting include: • Emergency Shelters • Cooling and Heating Centers • Long Term Care Settings • Adult and Senior Care Facilities • Local Correctional Facilities and Detention Centers, • Healthcare Settings	**Recommended Actions:** • Exposed employees must be excluded from work for five days after the last known close contact. • Exclusion can end and employees may return to the work after day 5 if symptoms are not present and they tests negative on day 5 or later. • If an employee is unable to test or choosing not to test, and symptoms are not present, work exclusion can end and the employee may return to the workplace after day 10. • Employees in these settings must wear a face covering while indoors and around others in accordance with CDPH's universal masking guidance. • If employees develop symptoms after returning to work, they must be excluded from the workplace and test as soon as possible. If employees test positive, they must follow the isolation requirements in Table 1. • Employees are strongly encouraged to get vaccinated or boosted.